WHAT IS CLAIMED IS:

1. A method of forming an integrated circuit, comprising:

forming a dual damascene structure in insulating material over a semiconductor substrate, the dual damascene structure comprising a trench and a contact via extending from a bottom of the trench to expose a conductive element;

depositing a first metal selectively over the conductive element relative to insulating surfaces of the dual damascene structure to partially fill the contact via; and

filling a remainder of the contact via with a second metal, the second metal being more conductive than the first metal.

- 2. The method of Claim 1, wherein the first metal comprises tungsten and the second metal comprises aluminum.
- 3. The method of Claim 1, wherein depositing comprises a selective chemical vapor deposition.
- 4. The method of Claim 3, wherein depositing comprises depositing a ratio of first metal thickness over the conductive element to first metal thickness over insulating surfaces of the dual damascene structure of greater than about 10:1.
- 5. The method of Claim 1, wherein filling comprises flowing aluminum at a temperature between about 400°C and 550°C.
- 6. The method of Claim 1, wherein depositing the first metal comprises filling the contact via to a height between about one-third and two-thirds of a height of the contact via.
- 7. The method of Claim 1, wherein depositing the first metal comprises filling the contact via to a height between about one-half and two-thirds of a height of the contact via.
- 8. The method of Claim 1, wherein filling comprises overflowing the contact via to at least partially fill the trench with the second metal.
 - 9. The method of Claim 8, wherein filling comprises a hot aluminum deposition.
- 10. The method of Claim 9, further comprising following the hot aluminum deposition with a cold aluminum deposition.

11. A method for fabricating an integrated circuit interconnect structure, comprising:

etching a pattern of dual damascene trenches and contact vias in insulating material;

preferentially depositing a first metal into the contact vias to partially fill the contact vias; and

depositing a second metal layer by physical vapor deposition to fill a remaining portion of the contact vias over the first metal and at least partially fill the trenches.

12. The method of Claim 11, further comprising depositing a third metal layer by physical vapor deposition over the second metal layer.

13. The method of Claim 12, wherein each of the second and third metal layers comprise aluminum.

- 14. The method of Claim 11, wherein preferentially depositing comprises filling each contact via to between about one-third and two-thirds of a height of the contact via.
 - 15. The method of Claim 11, wherein the first metal comprises tungsten.
- 16. The method of Claim 11, wherein preferentially depositing comprises selectively nucleating the first metal on exposed conductive surfaces in the contact vias during a chemical vapor deposition.
 - 17. A method for forming an integrated contact plug, comprising:

forming a dual damascene contact via in insulating material, wherein the dual damascene contact via has a height extending from a conductive element at a bottom of the contact via to a bottom of a dual damascene trench directly over the contact via;

depositing a first metal to fill between about one-thirds and two-thirds of the height of the contact via; and

filling a remainder of the contact via with a second metal, wherein the second metal is more conductive than the first metal and partially fills the trench.

- 18. The method of Claim 17, wherein depositing comprises filling the contact via to between about one-half and two-thirds of the height of the contact via.
 - 19. The method of Claim 17, wherein the first metal comprises tungsten.



- 20. The method of Claim 17, wherein the second metal comprises aluminum.
- 21. The method of Claim 17, wherein the contact via and the trench are lined with a barrier layer before depositing the first metal.
 - 22. The method of Claim 21, wherein the barrier layer comprises a metal nitride.
- 23. The method of Claim 17, wherein the contact via and the trench are lined with an adhesion layer before depositing the first metal.